

Center for International Education
Optional Practical Training Checklist

Optional Practical Training (OPT) is generally defined as employment directly related to the student's field of study, for purposes of gaining practical experience. OPT is available to F-1 students who have been enrolled for at least one academic year. Students are eligible for up to 12 months of full-time OPT during a single level of education. OPT needs to be completed within 14 months after completing a course of study.

PART I

Have you been enrolled at CSU for at least one academic year?

Does your advisor know you are interested in gaining practical experience in your field of study?

PART II

Have you and your advisor completed the OPT Recommendation Form?

Do you have a check or money order in the amount of \$340 made payable to USCIS?

Do you have two passport-sized color photos?

Do you have a photocopy of your last EAD (only if you've had a previous OPT or Economic Hardship)?

Do you have the following immigration documents: current I-20, passport, visa and I-94 card?

Once you have completed and collected the necessary items, you must schedule an appointment with the International Student Coordinator in order to submit your application.

PLEASE COMPLETE INFORMATION BELOW

Name: _____

Phone: _____

Personal Email: _____

Signature: _____

Date: _____

****Please note:*** You are still responsible for providing an updated and current address for immigration purposes during your time on OPT. If need to update your address while on OPT, you can do so by logging into CSU's ISIS and changing your personal information.